



THE FEDROOMS®

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✓ Check-in

HELP DESK

Hours: M-F, 7-3:30 CDT
Contact: 1-800-226-1741
hotels@fedrooms.com

EDUCATIONAL OPPORTUNITIES

Attend the upcoming **FedRooms® 101** training session! The session will be held via webinar on **Wednesday, June 18, 2008 at 2pm central time**. Visit the [FedRooms 101](#) link on the traveler page at [FedRooms.com](#) for additional information. FedRooms® will also host private sessions for groups of 15 or more. Contact krista@fedrooms.com for details.

HAVE YOU VISITED THE NEW FEDROOMS.COM?

Take a moment to give us your feedback with a quick three-question survey!



QUOTE OF THE QUARTER

"I like this site and use it often. Recently, a hotel wouldn't give me a government rate for a conference I was attending. I went to [FedRooms.com](#) and reserved a room at the FedRooms Rate. Thanks for enabling that."

-Federal traveler, via [FedRooms.com website usability survey](#)

FEDROOMS FOR LEISURE TRAVEL? ABSOLUTELY!

Yes, you can use FedRooms for leisure travel, too! While the program is designed to provide rates at or below federal per diem for federal employees on official travel, approximately 60% of participating hotels extend the rate for leisure travel.

To access the FedRooms Rate for leisure travel, simply visit [FedRooms.com](#), enter your search criteria, and select "Leisure" in the "Filter search results" section.

GAS PRICES AND SUMMER TRAVEL

According to a recent survey by TripAdvisor, 51% of US travelers said the high price of fuel will impact summer travel plans. If you're planning a summer vacation, **save money by booking the FedRooms Rate for leisure travel!**



THE NEW GENERATION OF FEDROOMS.COM

Want to see **your feedback in action**? Check out the new [FedRooms.com](#), with the ability to search for hotel availability by date!

Travelers can now input dates at the beginning of the search, rather than searching each hotel's inventory for availability. In search results, you can click on the "View Rates" button to see a list of FedRooms® Rates, with the option to view other available rates at each hotel. Remember to enter your travel dates at the beginning of your search to ensure the accuracy of your reservation.

Book here. It's that easy.

Search By Area OR Search By Address

Country:

State:

Choose one:

City:

Airport:

Dates:

Check-in:

Check-out:

Advanced Search:

Standard Stay Extended Stay

Filter search results (check all that apply):

Government contractors Small groups and meetings

State employees Leisure

FIND & BOOK HOTEL

Problems using the hotel search function?

Screen Shot: Search by Date, Leisure filter on [FedRooms.com](#)

MORE WAYS TO SAVE MONEY

Click on posted advertisements from hoteliers and other travel suppliers on [FedRooms.com](#) to learn about special offers and discounts.



Newsletter sponsored by...





**MICROTEL
INNS & SUITES
JACKSONVILLE AIRPORT**

The newly opened 77-room Microtel Inns & Suites at the Jacksonville International Airport in Florida showcases the brand's award-winning new contemporary and streamlined prototype design.

The new property offers complimentary local and long distance phone calls anywhere within the continental U.S. Additionally, travelers can take advantage of complimentary WiFi; 32-inch flat-panel LCD HD televisions; refrigerators and microwave ovens; coffee maker, and irons and ironing boards.

Other amenities include an on-site Fitness Center, Business Center, outdoor swimming pool, meeting room, and guest laundry. Guests can also enjoy Microtel's new complimentary Get Up and Joe™ continental daily breakfast. Free airport shuttle service is available.

Microtel Inns & Suites has a global presence with more than 330 Microtel hotels open and under construction worldwide.



MAINTAINING HEALTHY NUTRITION ON THE ROAD

With all of the stresses associated with business travel, it can be challenging (to say the least!) maintaining a healthy nutritional regimen while on the road. Following are some tips to help keep you feeling fit and fabulous when you get home:

1. Pack plenty of nutritious snacks to keep your tank full in-flight. There are plenty of portable sources of energy, like dried fruits, pita bread, nuts, and vegetables, to keep you satiated.
2. Don't be afraid to ask for what you want at a restaurant. If your diet regularly consists of grilled chicken and steamed vegetables, request it! Most restaurants carry the staples to prepare a healthy and delicious meal, even if it's not on the menu. If you are uncomfortable ordering custom foods, look to the vegetarian options on the menu, as they are often high in fiber and low in fat and calories.
3. Drink lots of water! Buy a bottle after passing through security, and make it your main beverage of choice during your trip. Staying hydrated can help keep you sharp, focused, and feeling good.

Source: CNN.com

Book here. It's that easy.

Search By Area OR **Search By Address**

Country: ▼

State: ▼

Choose one:

City: ▼

Airport: ▼

Screen Shot: Search by Address on FedRooms.com

DID YOU KNOW?

You can now search for FedRooms properties within a designated radius of your destination on FedRooms.com!

FEDROOMS® FAQs

PROGRAM DETAILS

- Q:** Can DOD employees use FedRooms.com?
- A:** All federal and military employees can use FedRooms.com if it is allowed within their organization's policy. While DOD employees cannot currently book FedRooms Rates in the DTS (the technology is currently under construction), travelers can go back into an existing DTS travel reservation and enter information for hotel reservations booked elsewhere (i.e. FedRooms.com) when internal policy allows.
- Q:** As a government contractor, am I eligible to use FedRooms?
- A:** Yes. The FedRooms Rate is available to government contractors at approximately 60% of the more than 6,000 participating properties. To access the FedRooms Rate, simply visit www.fedrooms.com, enter your search criteria, and select "Contractors" in the "Filter Search Results" section.

- There are currently more than 6,000 hotels in the FedRooms® program from around the world.
- Travelers can recommend specific hotels for inclusion in the FedRooms program through the "Nominate a Hotel" link on FedRooms.com.
- FedRooms® is the official government-wide lodging program managed by the U.S. General Services Administration. (GSA).

